Speakers Corner Toastmasters Club — Club Meeting

September 29, 2026 · Timer Log

Saved September 29, 2026 1:02PM EDT by Colin Cantlie, PM5, IP5

Role / Item	Name	Min	Green	Yellow	Red	Max	Actual	Within
Timer: Sign Up on this line to be the meeting Timer	Colin Cantlie, PM5, IP5	—	—	—	—	—		
Call To Order by Sergeant-At-Arms		—	—	—	—	1:00		
Toastmaster Welcome	Sébastien Duchesne	—	—	—	—	2:00		
Sergeant-At-Arms Introduces Guests		—	—	—	—	2:00		
Toast	Phoebe Webber	—	—	—	—	1:00		
Grammarian/Ah Counter/Word of the Day	Isabelle Moses (NDHQ)	—	—	—	—	2:00		
Moment of Humour	Nima Homayounpour - NDHQ	—	—	—	—	1:00		
Speech Evaluator #1	Ben Sylvester - NDHQ	—	0:00	0:30	1:00	1:30		
Toastmaster Introduces Speaker	Sébastien Duchesne	—	—	—	—	—		
Speaker	Lamia (Mia) Salmi	4:30	5:00	6:00	7:00	7:30		
2 Minutes to Complete Evaluation Forms for Speaker 1 (verbal notification by Timer)	Colin Cantlie, PM5, IP5	—	—	—	—	2:00		
Speech Evaluator #2	Paul Jacobs, DTM ³ - NDHQ	—	0:00	0:30	1:00	1:30		
Toastmaster Introduces Speaker	Sébastien Duchesne	—	—	—	—	—		
Speaker		4:30	5:00	6:00	7:00	7:30		
2 Minutes to Complete Evaluation Forms for Speaker 2 (Verbal notification by Timer)	Colin Cantlie, PM5, IP5	—	—	—	—	2:00		
Table Topics Facilitator introduces this segment	Dominik Brejta	—	—	—	—	3:00		
Table Topics Speakers #1	Nima Homayounpour - NDHQ	—	1:00	1:30	2:00	2:30		
Table Topics Speakers #2	Phoebe Webber	—	1:00	1:30	2:00	2:30		
Table Topics Speakers #3	Rosalyn	—	1:00	1:30	2:00	2:30		
Introduction by General Evaluator	Adriana Zapata LD4, CC, CL	—	—	—	—	1:00		
Timer: Report of speaker timing	Colin Cantlie, PM5, IP5	—	—	—	—	1:00		
Speech Evaluator #1 (2-3 minutes)	Ben Sylvester - NDHQ	—	2:00	2:30	3:00	3:30		
Speech Evaluator #2 (2-3 minutes)	Paul Jacobs, DTM ³ - NDHQ	—	2:00	2:30	3:00	3:30		
Grammarian Report	Isabelle Moses (NDHQ)	—	—	—	—	1:00		
Filler Word ("Ah Counter") Report	Colin Cantlie, PM5, IP5	—	—	—	—	1:00		
Rest of Timer's Report	Colin Cantlie, PM5, IP5	—	—	—	—	—		
Best Table Topic Award Presentation	Dominik Brejta	—	—	—	—	1:00		
Smile Counter Report		—	—	—	—	1:00		

Role / Item	Name	Min	Green	Yellow	Red	Max	Actual	Within
General Evaluator's Report	Adriana Zapata LD4, CC, CL	—	—	—	—	3:00		
Toastmaster asks for Guest Comments	Sébastien Duchesne	—	—	—	—	3:00		
Club Business	Colin Cantlie, PM5, IP5	—	—	—	—	2:00		
Include NDHQ-Carling Club Business	Paul Jacobs, DTM ³ - NDHQ	—	—	—	—	2:00		
Toastmaster Closes Meeting	Sébastien Duchesne	—	—	—	—	1:00		
Dummy item so that Club Secretary can update attendance after the meeting	Phoebe Webber	—	—	—	—	—		